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*Grand Traverse Bay*

# GYMNASTICS

Northern Michigan's Premiere Gymnastics Center

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## News Release

submitted by  
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# CHAMPIONSHIP WEEKEND

## GT Bay Gymnasts Win 10 State and Regional Titles

(Bourbonnais, IL/Mt. Pleasant, MI) Grand Traverse Bay Gymnastics coaches Betsy, Gina, Jennifer, and Kelly Van Deirse joke that being spread out from Traverse City to Mt. Pleasant to Bourbonnais, IL for state and regional competitions this weekend was like doing a little gymnastics of their own.

"But it was all worth it," beamed Coach Gina. "We're just happy to have won 10 gold medal championships among the thousands of girls in our state and region." Coach Jennifer added, "And four of them were all-around champions!"

In fact, the Grand Traverse Bay Levels 3, 7, and 8 gymnasts garnered a total of 28 medals across two states over the weekend, including 11 silver and 7 bronze, in addition to the 10 championship golds.

In perhaps the most competitive state (MI) in one of the most competitive regions in the U.S. for Junior Olympic gymnastics, that's quite an accomplishment.

Five gymnasts had qualified for the Region 5 competition in Illinois by placing high in the post-season Michigan state event held earlier this spring. Montana Timmer and Maya Carrazco led the way with all-around championships in their respective divisions. Timmer won individual event gold on vault and placed second and third on bars and floor to earn her all-around regional title. Carrazco won bars and placed second on floor to add to her all-around gold-medal championship score.

Jayla Ristow took the second-place silver medal on floor and finished third on bars and second all-around, while Dahlia Evans turned in second place bars and beam routines, good enough for third place all-around in her age division. Also competing in the regional meet was Norah Galton with a seventh-place beam finish.

When the Level 7/8 regional competition completed on Saturday evening, there was no time for celebration as the coaches headed for the Level 3 state meet in Mt. Pleasant. Two more all-around awards were claimed by Grand Traverse Bay gymnasts. Adeline Carlson won event gold on beam and a silver medal on vault to

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*"Where Grace Abounds"*

contribute to her all-around state championship score, while Skylar Hawkins earned her all-around state championship gold medal with a first-place bars gold medal, a second-place silver on beam, a third-place bronze for floor, and a fourth-place vault.

Maeve Carlson (vault) and Izzy Brooks (floor) also won gold medal event championships at the Level 3 state meet. Kianna LeBreck finished second all-around to Adeline Carlson, collecting second-place silver medals on bars and beam along the way.

Delanie Bisbee (sixth-place beam; ninth all-around), Brooklyn Swift (fifth-place vault; 12<sup>th</sup> place all-around), and Lilah Groves (seventh-place vault; 16<sup>th</sup> place all-around) also competed for the team.

The final competition of the season is Level 9 nationals to be held May 10 – 12 in Kissimmee, FL. Two Grand Traverse Bay Gymnastics teammates, Olyvia Galton and Avery Wisniewski, had qualified for nationals earlier this spring by placing first and second all-around in Region 5 for their respective age groups.

For more information about Grand Traverse Bay Gymnastics, contact Betsy Van Deinse at 929-2869 or visit [www.gtbaygymnastics.com](http://www.gtbaygymnastics.com).



Above: Montana Timmer  
Below: Adeline Carlson



Above: Maya Carrazco  
Below: Izzy Brooks



Above: Maeve Carlson  
Below: Skylar Hawkins



**Level 7  
Region 5  
Gold Medal  
Champions**

Montana Timmer  
(Vault, AA)

Maya Carrazco  
(Bars, AA)

**Level 3  
State  
Gold Medal  
Champions**

Adeline Carlson  
(Beam, AA)

Skylar Hawkins  
(Bars, AA)

Maeve Carlson  
(Vault)

Izzy Brooks  
(Floor)